

The Carlebach Shul

Program Schedule
Fall 2024-Winter 2025/5785



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Shabbat & Holiday Candle Lighting Times

DATE	PARSHA	CANDLES
Sept. 6	Shoftim	7:01 PM
Sept. 13	Ki Teitzei	6:49 PM
Sept. 20	Ki Tavo	6:37 PM
Sept. 27	Nitzavim-Vayeilech	6:25 PM
Oct. 2	Rosh Hashanah - Night 1	6:17 PM
Oct. 3	Rosh Hashanah - Night 2	7:14 PM
Oct. 4	Ha'azinu	6:14 PM
Oct. 11	Yom Kippur	6:02 PM
Oct. 16	Sukkot - Night 1	5:55 PM
Oct. 17	Sukkot - Night 2	6:53 PM
Oct. 18	Sukkot Shabbat	5:52 PM
Oct. 23	Shemini Atzeret	5:45 PM
Oct. 24	Simchat Torah	6:43 PM
Oct. 25	Bereshit, Mevarchim	5:42 PM
Nov. 1	Noach, Rosh Chodesh	5:33 PM
Nov. 8	Lech-Lecha	4:25 PM
Nov. 15	Vayera	4:19 PM
Nov. 22	Chayei Sara	4:14 PM
Nov. 29	Toldot, Mevarchim	4:11 PM
Dec. 6	Vayeitzei	4:10 PM
Dec. 13	Vayishlach	4:10 PM
Dec. 20	Vayeshev	4:13 PM
Dec. 27	Miketz, Mevarchim	4:17 PM
Jan. 3	Vayigash	4:23 PM
Jan. 10	Vayechi	4:30 PM
Jan. 17	Shemot	4:37 PM
Jan. 24	Vaera, Mevarchim	4:46 PM
Jan. 31	Bo	4:54 PM

BOARD OF TRUSTEES:

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Your Holiday Checklist – Elul

- 1. Elul Reading:** Select a book about self-improvement. While these books may not be typical reading material, the month of Elul is an important time for introspection and spiritual growth. For example:
 - a. **Benei Mahashavah Tova** – a guide to conscious community by the Piaseczno Rebbe
 - b. **Teshuva** – Adin Steinsaltz
 - c. **The Sabbath** – Abram Joshua Heschel
 - d. **Mesilat Yesharim** – Rabbi Moshe Luzzato
- 2. Listen to the Shofar.** Everyone knows the Shofar is the main event on Rosh Hashanah but starting on September 4th (second day of Rosh Chodesh Elul this year) about a one-minute version of shofar blowing ends the morning service. Of course, it is just a reminder to do Teshuva while the actual Mitzvah of Shofar blowing is on Rosh Hashanah October 3rd.
- 3. Attend Selichot Service.** While Sephardim recite Selichot the entire month of Elul every year, Ashkenazim begin this year on Saturday night September 28th. Besides our amazing Selichot with Yehuda Green, our Shul offers Selichot the week of September 29th Sunday - Tuesday after our 10pm Maariv service.
- 4. Shopping for Rosh Hashanah:**
 - a. Get your High Holiday seats.
 - b. Score an invitation for a Rosh Hashanah meal
 - c. Make your own Rosh Hashanah dinner. The custom for the first night is to include specific foods that signify blessings for the Holiday. While you may have these foods both nights of Rosh Hashanah, most people have all these foods the first night. The custom is to dip the Challah in the honey (not salt) through the end of Sukkot. On the second night of Rosh Hashanah, the custom is to have the new fruits right after eating the Challah. For the appropriate blessings and how to recite them, please see the Artscroll Machzor. Your list should include:
 - i. Round Challah and honey (skip the salt)
 - ii. Apples dipped in honey
 - iii. Fish head
 - iv. CarrotsFor extra credit you can add:
 - v. Beets
 - vi. Fenugreek
 - vii. Leeks
 - viii. Gourds
 - ix. Dates.
 - d. Sign up for dinners at the Shul. The shul will offer a carefully curated dinners the first night and second night of Rosh Hashanah with the special foods integrated into select recipes and tell the related stories.
- 5. This year we make an Eruv Tavshilin** on Erev Yom Tov three times: Rosh Hashanah, Sukkot and Shemini Atzeret.
 - a. We prepare two food items one baked and one cooked. Recommended is a challah roll and a piece of Chicken or a hard-boiled egg.
 - b. (Some give it to a family member to accept on behalf of the household and they recite something to that effect and then give it back and you) and then you make the Bracha. See ArtScroll Sefard siddur page 700.
 - c. The purpose of this is because you are not allowed to cook on Yom Tov for the next day. However, we are permitted to do so on Friday Yom Tov if we make a Eruv Tavshilin that reminds us that this is exception to the rule. Other reasons are also given but this is the most significant one. The custom is to eat the food on Shabbat.
- 6. While Rosh Hashanah** is a spiritual time, we also take care of the body so that the soul can celebrate with the body. Three things you can do to integrate body and soul
 - a. When you go to the river or pond, spend some extra time before in solitude with personal reflection.
 - b. When walking to shul, walk with the intention that each step is a movement in sync with being created with a purpose.
 - c. Enjoy eating something you love and while doing so, be aware you are enjoying G-d's Holiday. For many that would be a nice brisket; for other people that would be apples dipped in honey.
- 7. Tashlich** – Join a group to say Tashlich (a prayer by the water's edge). Please don't bring bread to feed the ducks or fish. Not only is it dangerous for the wildlife but many authorities find Halakic problems with it. This year Tashlich is on Thursday.
- 8. Hatarat Nedarim** – Erev Rosh Hashanah through Yom Kippur it is appropriate to convene a Bet Din after morning services to nullify oaths. Women usually use the Kol Nidrei service to undo their vows rather than a Bet Din. Note: Any promise you made to someone still must be kept, since it cannot be undone by a Bet Din.
- 9. Shabbat Shuva** – The Shabbat between Rosh Hashanah and Yom Kippur has a special Haftarah and a special sermon from the Rabbi known as the Shabbat Shuva Drasha.
- 10. Erev Yom Kippur** – on October 11th, 2024, we begin preparing for our most holy day by eating the best foods. Many people have two almost festive meals, one around lunch time and one an early dinner that must conclude before the fast begins. Make sure to keep eating and drinking hydrating foods and stay away from salt and sugar. Pomegranate juice is great for fasting.
- 11. Yom Kippur attire** – Dress for spiritual success. White for purity or a reminder of the shrouds we will be buried in. Men wear a Kittel (after marriage.) Many women wear white. No leather shoes, but belts are okay. Some people don't wear jewelry.
- 12. Yom Kippur Restrictions** – Although the fast on Yom Kippur is very serious, it is not more serious than your life. If you have a medical condition or are elderly, pregnant or nursing, please talk to your doctor and rabbi about your health. Many times, the mitzvah of taking care of yourself overrides the mitzvah of fasting. Then again, healthy people who just like food should be fasting. In addition to tasting, we don't bathe or anoint ourselves. We don't wash ourselves in any way that we derive pleasure. Removing dirt or germs is okay. In addition, no marital intimacy, and no leather shoes.

HIGH HOLIDAYS

5785

**SELICHOT NIGHT
WITH YEHUDA GREEN**
Saturday Night, September 28th
(Technically Sunday Morning, September 29th)
 12:30 AM at West Side Institutional Synagogue
 (120 West 76 St.)

ROSH HASHANAH & YOM KIPPUR
at The Carlebach Shul
 (see page 7 for High Holiday seating information)

ROSH HASHANAH

with



RABBI NAFTALI CITRON, YEHUDA GREEN, & MICHAEL MOST

EREV ROSH HASHANAH

Wednesday, October 2nd

Candle Lighting 6:17 PM
 Mincha/Maariv 6:12 PM

Followed by High Holiday Dinner (see page 8)

1ST DAY ROSH HASHANAH

Thursday, October 3

Morning Services 9:00 AM
 Mincha 5:30 PM

Followed by Tashlich at 79th Street Boat Basin

*(Tashlich will be in the vicinity of the 79th Street Boat Basin Marina.
 Due to renovations of the Boat Basin, we highly recommend
 coming to Shul for Mincha and walking over together.)*

Candle Lighting not before 7:14 PM
 Maariv 7:14 PM

Followed by High Holiday Dinner (see page 8)

2ND DAY ROSH HASHANAH

Friday, October 4th

Morning Services 9:00 AM
 Candle Lighting 6:14 PM
 Mincha 6:14 PM

YOM KIPPUR

EREV YOM KIPPUR

Friday, October 11th

Mincha 2:00 PM
 Candle Lighting 6:02 PM
 Kol Nidre 6:25 PM

YOM KIPPUR DAY

Shabbat, October 12th

Morning Services 9:00 AM
 Yizkor 12:45 PM
 Mincha 4:15 PM
 Neila 5:30 PM
 Fast ends 7:00 PM

SUKKOT

EREV SUKKOT

Wednesday, October 16th

Candle Lighting 5:55 PM
Mincha 5:55 PM

1ST DAY SUKKOT

Thursday, October 17th

Morning Services 9:30 AM
Mincha 5:55 PM
Candle Lighting not before 6:53 PM
Maariv 6:45 PM

2ND DAY SUKKOT

Friday, October 18th

Morning Services 9:30 AM
Mincha 5:55 PM
Candle Lighting 5:52 PM

HOSHANA RABBAH/ EREV SHEMINI ATZERET

Wednesday, October 23rd

Morning Services 10:00AM
Hallel 11:00AM
Candle lighting 5:45 PM
Mincha 5:45 PM

SHEMINI ATZERET

Thursday, October 24th

Morning Services 9:30 AM
Yizkor 11:45 AM
Mincha/Maariv 5:45 PM

SIMCHAT TORAH EVE

Candle Lighting not before 6:43 PM

*Kiddush following Maariv
(Priority admission to Members)*

Followed by Hakafot at 9:00 PM

SIMCHAT TORAH

Friday, October 25th

Morning Services 10:00 AM
Followed by full Kiddush before Mussaf
Mincha following Mussaf
Candle Lighting 5:42 PM
Kabbalat Shabbat and Maariv 6:20 PM





HOSHANA RABBAH DAVENING

WEDNESDAY MORNING, OCTOBER 23RD

HOSHANA RABBAH

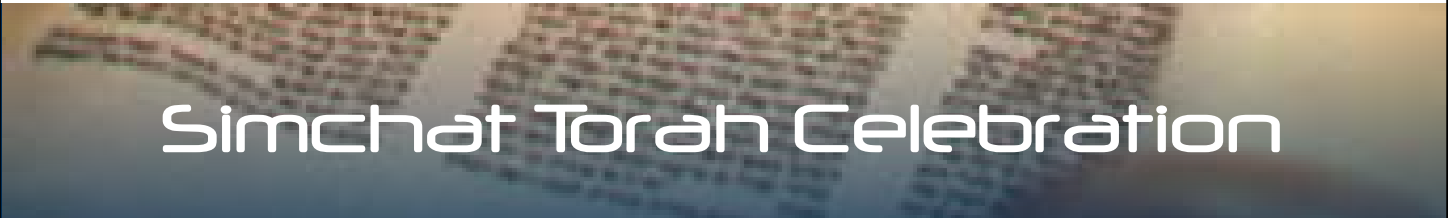
at The Carlebach Shul, 305 W. 79th Street, New York, NY 10024

MORNING SERVICE AT 10:00 AM

HALLEL AT 11:00AM

Add your voice to the music
Experience the joy of Hallel

With Rabbi Naftali Citron and Noah Solomon



Simchat Torah Celebration

THURSDAY NIGHT, OCTOBER 24TH

Fun, Good Food, and Much More...

Maariv 5:45 PM followed by Kiddush and Hakafot
(Kiddush sponsored in memory of Pnina Arbesfeld)

Hakafot 9:00PM

SIMCHAT TORAH DAY
FRIDAY, OCTOBER 25TH

Morning Services 10:00 AM

HAKAFOT 11:30 AM
(Followed by Torah Reading and Kiddush)





Please join us for our special
SELICHOT SERVICE

In the Carlebach tradition of seeking forgiveness through song

WITH YEHUDA GREEN
Saturday Night, **מוצאי שבת קדש**

September 28TH

(Technically September 29th)

West Side Institutional Synagogue

120 W. 76th St. New York, NY 10023

12:30 AM Doors open

12:45 AM Rabbi Naftali Citron

To ensure entrance please arrive early

Priority seating \$50, VIP seating \$180

Minimum donation of \$20, no charge to Carlebach Shul members

Proceeds will be used to further the activities of The Carlebach Shul

To reserve go to www.thecarlebachshul.org

ALIYOT

In keeping with Reb Shlomo's derech of connecting our material possessions with the Torah, we will again be auctioning Rosh Hashanah and Yom Kippur aliyot. An aliyah can be bought for yourself, to honor someone, or as a group effort, but only one person can be called up to the Torah. If a woman is the purchaser or part of the purchasing group, if desired, taleisim will be extended to the front of the women's section so she/they can be connected to the Torah. Any aliyah not sold, as well as "add ons," will be auctioned at services. Your donations will allow The Carlebach Shul to carry on its holy work.

You can bid to reserve your aliyah by calling the Carlebach Shul at 212-580-2391 or at www.thecarlebachshul.org

HIGH HOLIDAY SEATS

Come celebrate the High Holidays with

Rabbi Naftali Citron
and **the Carlebach community**
along with our amazing Ba'alei Tefilla
Yehuda Green & Michael Most

Rosh Hashanah October 2ND - 4TH
and Yom Kippur October 11TH-12TH

New members who have joined us since Yom Kippur 5784 will receive special discounted High Holiday seats.

High Holiday seating prices:

New members: \$50 (special discount)

Members: \$200

Non-members: \$250

If you are joining us for the first time: \$180

Unless otherwise indicated, prices for dinners are: \$55 (Members: \$45) Out-of-town guests and all newcomers pay MEMBER prices. There is a \$5 discount per meal if paid no later than the Tuesday before the dinner. ALL reservations for Shabbat meals must be made by noon Thursday at www.thecarlebachshul.org.

Shabbat & Holiday Dinners

Guests and Topics are subject to change



SEPTEMBER 6TH

Welcome back dinner with Rabbi Naftali Citron and Rabbi Ephraim Buchwald

Rabbi Buchwald is the founder and leader of NJOP that has created Shabbat Across America and Read Hebrew America.

SOCIAL HOUR WITH FULL OPEN BAR.



OCTOBER 2ND-3RD ROSH HASHANAH DINNERS

With Rabbi Citron and Yehuda Green

FIRST NIGHT - WEDNESDAY, OCTOBER 2ND

Curated Rosh Hashanah dinner experience. Explore the significance of food that ushers in blessing for a positive year.

SECOND NIGHT - THURSDAY, OCTOBER 3RD

Experience Brisket and a special assortment of new fruits.

ROSH HASHANAH DINNERS: \$55 (MEMBERS), \$65 (NON-MEMBERS)



OCTOBER 16TH-17TH SUKKOT DINNERS with Rabbi Naftali Citron

First night - Wednesday, October 16th

Limited space so only first 10 people to register will be able to attend.

Second night - Thursday, October 17th

Limited space so only first 10 people to register will be able to attend.

SUKKOT DINNERS: \$50 (MEMBERS), \$60 (NON-MEMBERS)



OCTOBER 23RD

SHEMINI ATZERET DINNER with Rabbi Naftali Citron & Yehuda Green
How to be Happy with Your Place in Life Without Giving Up Your Drive for a Better Life.

SHEMINI ATZERET DINNER: \$50 (MEMBERS), \$60 (NON-MEMBERS)



NOVEMBER 15TH

REB SHLOMO'S YAHRZEIT SHABBATON

Join Rabbi Naftali Citron, Yehuda Green and special guests.

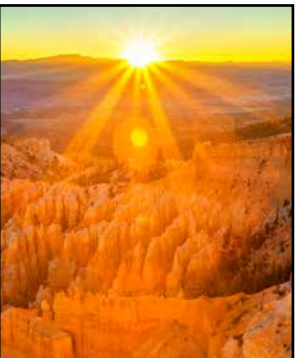
Yahrzeit Dinner: \$70 (MEMBERS), \$80 (NON-MEMBERS)
\$10 DISCOUNT IF RESERVED BEFORE 11/11



DECEMBER 27TH

SHABBAT CHANUKAH with Rabbi Naftali Citron
and Guest Speaker to be announced

Join our Chevra with Chanukah latkes and other fun foods for a joyous Shabbat Chanukah dinner Celebration. We will commemorate the life of Rabbi Dr. Naftali Carlebach.



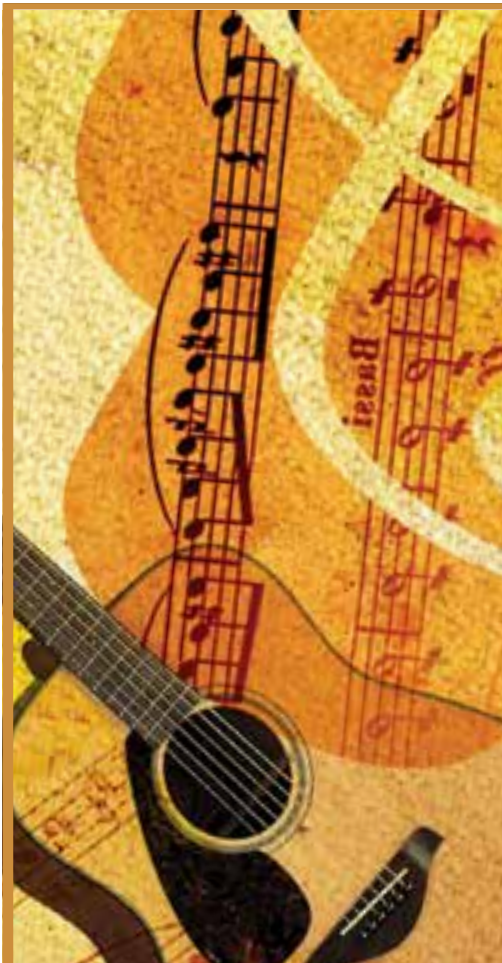
JANUARY 24TH

KABBALAH SHABBATON with Rabbi Naftali Citron
and Guest Speaker to be announced

In anticipation of our annual Day of Kabbalah (this year Sunday, January 26, 2025) we will be hosting guest scholars for Shabbat. Please visit our website for updates.

REB SHLOMO CARLEBACH'S 30TH YAHRZEIT COMMEMORATION, NOVEMBER 15TH-17TH

*Check our website for additional information and updates for
Yahrzeit week events: www.thecarlebachshul.org*



YAHRZEIT SHABBAT **November 15th-16th** **(16th of Cheshvan)**

Join Rabbi Naftali Citron, Yehuda Green,
guest chazzanim, and Guest Speakers
for inspirational davening and Shabbat meals.

Friday Dinner

Member \$70, Non-member \$80
(\$10 discount if registered by November 11)

Shabbat morning davening
will begin at 9:30 AM
(followed by kiddush)

30TH YAHRZEIT COMMEMORATION

Sunday, November 17th

- 9:30 AM SHACHARIS**
- 10:30 AM SIYUM**
- 11:00 AM- 1:30 PM**
HALF A DAY OF LEARNING



This weekend has been made possible through a generous donation by Joy Fishman in memory of her son Jonathan Stampler.



For class details as well as additional classes, please visit us online at www.thecarlebachshul.org

Sunday – Thursday

9:20 PM – 10:00 PM: DAF YOMI ON THE PHONE

■ The Talmud is a masterpiece of law, logic, stories, and our history. This class completes the entire Talmud every 7 1/2 years.

Faculty: Heshey Lieberman, Jan Buckler, David Prager, Nachman Alpert, Rabbi Chaim Zev Citron and Rabbi Naftali Citron, Coordinated by Shy Yellin.

Please call the shul for virtual access information

Shabbat

SHABBAT MORNING 9:00 AM – 9:30 AM QUESTIONS AND ANSWERS ON THE PARSHA

■ Theo Kirsh poses difficult questions on the Parsha. Rabbi Citron will attempt to answer them.

SHABBAT AFTERNOON

— **SEPTEMBER THROUGH DECEMBER 7TH: One hour before Mincha**
— **DECEMBER 14TH THROUGH MARCH 8TH: Half hour before Mincha**
Please note Holidays may affect Shabbat shiurim schedule.

Topics Include: Tzaddikim on their Yahrzeit and Chassidic teaching for self-improvement.

Monthly

SUNDAY MORNING YESHIVA

11:30 AM – 2:00 PM

■ Learning with Rabbi Avraham Newman, followed by a video of Reb Shlomo Carlebach's teachings.

Sponsorships are available. Suggested donation: \$8

BRACHOT TALMUD TOP 10 TEACHINGS

■ A monthly exploration of how to understand a page of Talmud. This class will be emailed to you in writing as well as video format for those who request both.

Please email info@thecarlebachshul.org and write: Please add me to the Top 10 Talmud emails

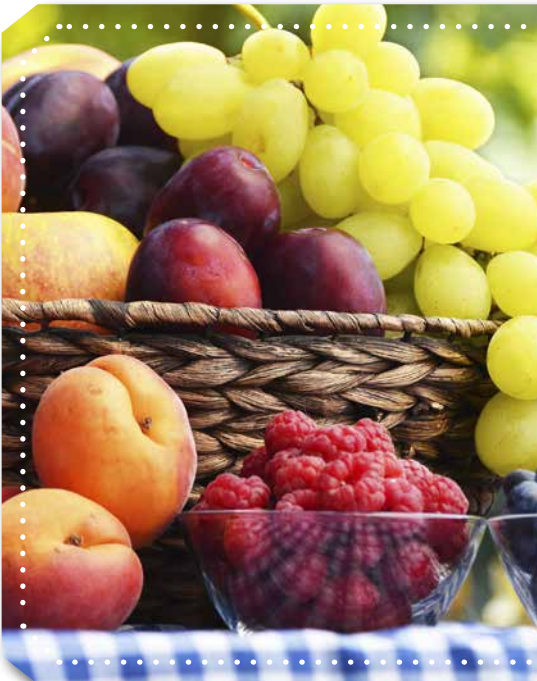
THE CHANUKAH SHOW

TUESDAY NIGHT, DECEMBER 24TH, 2024

Join us as we bring
in Chanukah with laughter.
Location and price to be announced.

TICKETS

Reserve Online at: www.TheCarlebachShul.org



Mystical Tu B'shvat Seder

**Fruits of The Four Worlds:
Storytelling, Mystical,
Musical, Magical**

At The Carlebach Shul, 305 West 79th Street

Wednesday Night, February 12th 7:00 PM

\$40 in advance if paid before February 5th

\$50 after February 5th

Led by Rabbi Naftali Citron

with music by Noah Solomon

Annual Day of Kabbalah

Co-sponsored by The Carlebach Shul and The Marlene Meyerson JCC in Manhattan

SAVE THE DATE

Sunday, January 26th | 11:00 AM - 4:00 PM

(REGISTRATION AT 10:30 AM,
KOSHER LUNCH AVAILABLE FOR PURCHASE)

At The Marlene Meyerson JCC in Manhattan,
334 Amsterdam Avenue

\$50 in advance/\$70 at the door

To register, please call 646.505.5708

Join us once again for a deep dive into the heart of Kabbalah. Topic to be announced. Combining academic excellence with opportunities for experiential learning the Day of Kabbalah will stimulate your mind and fill your heart.



SPEAKERS TO BE ANNOUNCED



Carlebach Shul Annual Dinner

Our Annual Dinner was held on June 20th, for the first time at the elegant Pierre Hotel. As usual, the dinner began with an extensive cocktail hour prepared by Foremost Caterers while Soulfarm played music in the background. People had time to sample delicious cuisine while socializing with friends and acquaintances.

The program was hosted by the Rabbi with Board members and Journal chairs Ellen and Mordy Lipkis introducing each of the doctor honorees by noting their contributions to the medical community and their involvement with the shul. The six doctors honored were Mark Abel, Iris Bailey, Alex Greenberg, Barry Pomerantz, Josh Schwarzbaum, and Isaac Ely Stillman. The award presentations noted many significant achievements the Doctors have made in their respective medical fields. In addition, the *menchlichket* (decency and humanity) they exhibit in their professional and personal lives.

It was a successful fundraiser and an enjoyable event. We are grateful for everyone that participated and everyone who contributed to putting this evening together. This dinner would not have been possible without the tireless efforts of our Dinner Chair Joy Fishman (who was missed at the dinner due to personal reasons), Journal Chairs Ellen and Mordy Lipkis, Dinner Coordinator Maria Fordin, and the Dinner Committee. Special thanks to the Board of Trustees as well as the dedicated office staff and shul volunteers.





Congregation Kehilath Jacob
THE CARLEBACH SHUL
305 West 79th Street
New York, NY 10024



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Not Yet a Member?

Make a membership in the Carlebach Shul your Rosh Hashanah gift to yourself! Commit to help the Carlebach Shul grow and continue to spread the message of our beloved Reb Shlomo, zt"l!

First Year Membership*:

Single: \$250 **Family:** \$385

Associate Membership**:

Single: \$175 **Family:** \$225

Membership entitles you to:

- Reduced rates for meals
- Discounted rates for High Holiday seats
- Life cycle announcements and quarterly newsletters
- Special services offered by the Shul office
- Special rates to selected events
- Services of the Chesed Committee
- Reduced rates on Shul rental for your simcha
- Voting rights and more...

* Membership fees increase after first-year

**Associate Membership available to all who live outside Manhattan.

Associate members do not participate in membership meetings.